

Aponia Dental

Greetings from your Neighbourhood Dentists!



**You Are Invited To:
ORAL SCREENING WEEK
May 22nd-May 26th**

Dear Neighbour,

Your smile may be hiding a deadly secret

There is more to a regular dental exam than gum disease and cavities. This May at Aponia Dental we want to get the word out and invite all patients, friends and family to come and find out more about **ORAL CANCER**.

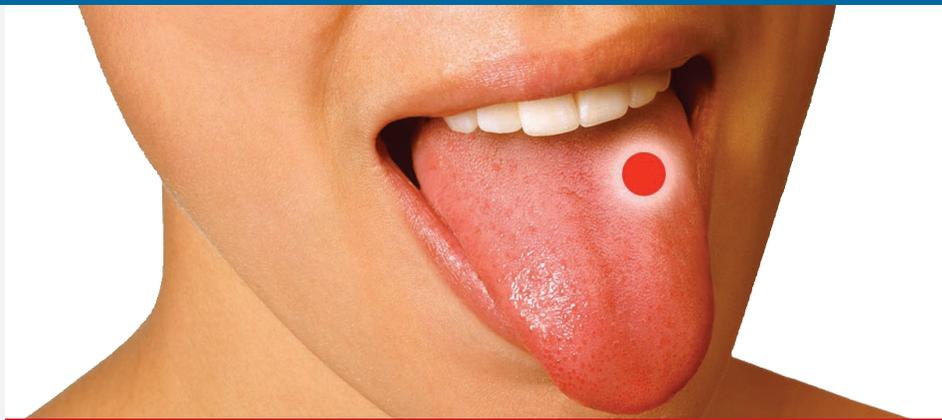
Scheduled appointments can be made for people who have specific concerns about sore spots or who have questions. Information will be available and VELScope®, our intraoral camera, will be used to aid in early detection. **This is a TISSUE ISSUE.**

At Aponia Dental we value community and friendships made. Join us during oral cancer screening week and let us fill you with useful information.

If you are looking for a dentist, or if you're an adult who can't remember the last time you saw the dentist, this would be a great time to come and meet the team!

See you soon,

Dr. Brandon Wong & Team



**Oral Cancer Screening Week
Tuesday May 22nd - Saturday May 26th**

Each year, approximately 33,000 new cases of oral cancer are diagnosed and over 8,000 deaths from oral cancer are recorded in North America. While we do check your mouth for signs of oral cancer every time you come in for a checkup, it is important that you recognize the early warning signs of oral cancer between dental visits as well. Why not take a few minutes right now to examine your lips, gums, cheek lining and tongue?

What to look for:

- Any sores that bleed easily or do not heal.
- White or red spots in the mouth.
- A lump, thickening, rough spot, crust or small eroded area anywhere in or around your mouth; including your lips.
- Numbness or pain in the face, mouth or neck.
- The feeling that something is caught in your throat.
- Difficulty chewing, swallowing, speaking, or moving the jaw or tongue.

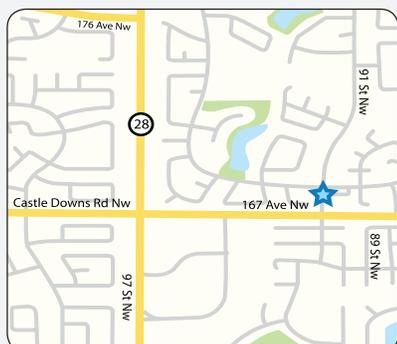
Remember, Oral Cancer Awareness Week is May 22nd - May 26th. Early diagnosis is critical. If you have any doubts about suspicious spots or sores, please make sure that you call us for an appointment so we can examine you more closely.

**For more information, please join us at our Open House
on May 26th, from 9:00 a.m. - 3:30 p.m.**

MAY 2012

Dr. Brandon Wong

Phone: 780-944-1999



**16751 91st NW, Edmonton, AB T5Z 2X4
(Located behind the Mac's and Esso in
the Lakeview complex)**

APONIA FAMILY DENTAL

**16751 91st NW
Edmonton, AB T5Z 2X4**

**Phone: 780-944-1999
Fax: 780-473-4856
Web: www.aponiadental.ca**

Office Hours:
Mon., Thurs.: 7 a.m. - 5 p.m.
Tues.: 7 a.m. - 4 p.m.
Wed.: 7 a.m. - 3 p.m.
Fri.: 8 a.m. - 2 p.m.

**Want to Join our Team? Apply
online at www.AponiaDental.ca**

Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign®
- Implants
- **Now Offering Nitrous Sedation!**

**New Patients Welcome!
Emergency Treatment Available!**

The Fight Against Oral Cancer

Yet another good reason to maintain regular dental examinations.

According to the Oral Cancer Foundation, oral cancer – which includes mouth cancer, tongue cancer and throat cancer – is a serious worldwide concern.



It is estimated that here in North America, a person dies from oral cancer every hour of every day. It is also important to know that when found early, oral cancers have an 80 to 90% cure rate. Unfortunately, the majority of cases are discovered as late stage cancers; which accounts for the very high death rate.

One of the real dangers of oral cancer is that, in its early stages, it can easily go unnoticed. You may not feel anything at all, or if you do notice a small red or white lump in your mouth you might be tempted to dismiss it as a cold sore or a minor irritation (like a bite on the inside of your cheek). However, early diagnosis is critical to long-term survival. If you have any doubts about suspicious spots or sores on your lips, tongue or anywhere in your

mouth, please make sure to call us for an appointment so we can examine it more closely. We will carefully inspect your tongue, the floor and roof of your mouth and also feel the lymph nodes in your neck area for any abnormalities. If we detect anything unusual, we will conduct further testing to ensure that you receive the appropriate care and follow-up.

You can lower your risk of oral cancer by avoiding tobacco products in any form, avoiding the abuse of alcohol, and using a lip balm that contains sunscreen to protect your lips from harmful UV rays.

Please do not hesitate to call us if you have any questions or concerns about oral cancer.

COLD SORE, CANKER OR CANCER?

Occasionally, many of us experience a bump or sore in or around our mouths. But at what point should we seek a professional opinion? First, familiarize yourself with the following likely culprits.

Cold sores usually occur outside the mouth, and last about a week. Caused by the very contagious herpes simplex virus, cold sores are painful, fluid-filled blisters around the lips, sometimes spreading to under the nose and to the chin.

Canker sores, on the other hand, are found inside the mouth. They appear as small white swellings or sores, surrounded by a red patch, and usually heal naturally within 10 days.

Oral cancer can appear in different forms: Sores in the mouth that bleed easily or do not heal; a lump, thickening rough spot, crust or small eroded area anywhere in or around the mouth, a feeling something is caught in the throat, and a number of other forms.

If your mouth sore doesn't go away, and you're worried about it, please come in so we can carefully examine it.



The information contained in this newsletter is not designed as dental advice, but rather as a means to encourage interest in your dental health and communication with your dentist. Whole or partial reproduction of this newsletter is forbidden without the written permission of the publisher. © Market Connections Inc.® 2012. Phone (800) 795-8021. Website: www.dentalhealthnews.org

MAY 2012

Aponia Family Dental

Phone: 780-944-1999

**Complimentary
Orthodontic
Assessment - Are
you an Aponia
Candidate?
Simply call
for your
appointment
today.**



**Like to make people smile?
Join Our Team at Aponia Dental!**



Aponia Dental is looking for talented people to join our team and help provide Edmonton with outstanding dental care.

Whether you're a dental hygienist, a dental assistant or someone who has great client care skills and is interested in working with people in a front office position, we'd like to talk to you!

Ready for a career that will challenge, excite and inspire you? Please email your resume and cover letter to officemanager@aponiadental.ca.

We look forward to meeting you soon!

Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.