

Aponia Dental

Compliments of Dr. Brandon Wong

Greetings from your Neighborhood Dentist!



Dr. Brandon Wong
780-944-1999

Dear Neighbour,

Are you fortunate enough to have dental benefits through your employer? If so, are you making full use of them? Our dental office accepts a number of different insurance plans, so it's likely we accept yours, too. We like to remind our patients that dental health is linked to overall well-being, so it makes sense to ensure that your teeth, gums and mouth are professionally checked on a regular basis.

Our office is currently accepting new patients and, whether it's regular dental services you need or cosmetic options for a whiter, straighter smile, our experienced staff would be happy to meet with you to discuss your individual needs.

Simply call us to arrange an appointment. We're conveniently located close to your home, and would be happy to arrange a date and time that works around your schedule.

Dr. Brandon Wong & Team

Aponia Dental Hosts Tooth Fairy Day 2010

As seen in The Examiner

Aponia Dental hosted tooth fairy day 2010 for the local community in the North End of Edmonton at the clinic.

The purpose of the event was to provide one of the many positive experiences that children should have at the dental office so that if they do need treatment in the future, the dental treatment would be less traumatic.

More than 20 families came by and had their picture taken with the tooth fairy, which made for a very busy event for an office our size. We felt the event allowed for a personal connection to the community, which is sometimes hard to create in the bustle of a large city.

I would like to personally thank my staff and the families who took time during their busy Saturday to take part in this successful event.

Don't forget to mark your calendar for next year's visit by the tooth fairy, Saturday August 13, 2011!

Sincerely,

Dr. Brandon Wong



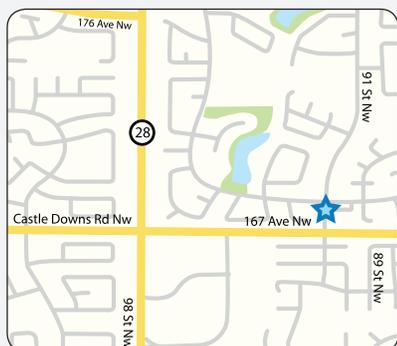
P. S. Aponia Dental is proud to welcome Dr. Christopher Maier to our practice. Dr. Maier is a California-trained dentist who brings with him over 12 years of dental experience and cosmetic knowledge. Dr. Maier's gentle nature has been a perfect fit for our younger children and nervous patients who have required dental treatments. He is excited to be a part of this team and is always taking new patients and accommodating emergencies.

16751 - 91 Street, Edmonton, Alberta T5Z 2X4 • Tel: 780-944-1999

NOVEMBER 2010

Dr. Brandon Wong

Phone: 780-944-1999



16751 91st NW, Edmonton, AB T5Z 2X4
(Located behind the Mac's and Esso in the Lakeview complex.)

APONIA FAMILY DENTAL

16751 91st NW
Edmonton, AB T5Z 2X4

Phone: 780-944-1999
Fax: 780 473-4856
Web: www.aponiadental.ca

Office Hours:
Mon.: 9 a.m. - 5 p.m.
Tues., Thurs.: 8 a.m. - 5 p.m.
Wed.: 7 a.m. - 4 p.m.
Fri.: 9 a.m. - 2 p.m.
2 Sat. a month: 8 a.m. - 3:30 p.m.

Our Services Include:

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns
- Bridges
- Implants
- Braces
- Invisalign®

New Patients Welcome!
Emergency Treatment Available!

UNDERSTANDING MORNING BREATH

Here's a mystery: If we floss and brush before we go to bed, settling down to sleep with a fresh mouth every night, why is it that just mere hours later, we wake up with dreaded "morning breath"?



The simple answer is that during the day, saliva works as nature's mouthwash by rinsing away bacteria and the volatile sulfur particles that cause bad breath. When we go to sleep, saliva production decreases and our mouths dry up, providing the perfect environment for odour-causing bacteria to thrive.

If you suspect that your unpleasant breath goes beyond regular morning breath, however, we invite you to come in and talk to us.

Halitosis can be caused by disease, including gum disease, and inadequate oral hygiene. It's imperative to brush for two minutes at least twice a day, thoroughly cleaning not only

your teeth, but also your tongue, cheeks and the roof of your mouth to remove bacteria and food particles. Flossing is also an important part of daily oral hygiene, as flossing removes accumulated bacteria, plaque and any food that may be trapped between teeth. If food isn't removed from your mouth and between your teeth, the retained food particles may decay, resulting in bacteria. The bacteria then produce a sulfur compound that causes the unpleasant odour.

Please call our office to discuss your concerns about your breath, and to set up an appointment to check the health of your teeth and gums.

BRUSHING UP ON GOOD DENTAL HABITS

Periodontal disease, or "gum disease", is the leading cause of tooth loss in the North America. At Aponia Family Dental we emphasize healthy gum care in order to preserve a healthy smile. Ask us about a periodontal program, which involves your dentist, your hygienist and you to help manage and control gum disease.

Here are some handy tips for maintaining healthy gums:

Use a good toothbrush. While the selection of toothbrushes these days can be overwhelming, we tend to prefer the Sonicare Elite® electric toothbrush. It is easy and comfortable to use, and has actually been clinically proven to remove significantly more plaque - the bacteria that leads to periodontal disease and the deterioration of gums and bone - than a manual toothbrush.

Floss daily. Flossing removes the plaque and debris that collect between the teeth and under the gumline, where your toothbrush can't reach.

Consider a dental rinse or ask us about fluoride treatments. Fluoride is a mineral that helps defend teeth against decay. If you're not getting enough in your water supply, we can recommend effective fluoride treatments.

Maintain a regular dental visit schedule. Professional teeth cleanings and regular checkups, along with your at-home routine, will help keep your teeth healthy and bright, to reward you with a lifetime of healthy smiles!

The information contained in this newsletter is not designed as dental advice, but rather as a means to encourage interest in your dental health and communication with your dentist. Whole or partial reproduction of this newsletter is forbidden without the written permission of the publisher. © Market Connections Inc.® 2010. Phone (800) 795-8021. Website: www.dentalhealthnews.org

NOVEMBER 2010

Aponia Family Dental

Phone: 780-944-1999

APONIA FAMILY DENTAL IS PROUD TO OFFER:

FREE

**No-Charge Introductory
Orthodontic Consultation.
Simply call for your
appointment today.**



TEETH WHITENING!



**Professional
Strength Crest
Whitestrips®**



Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.