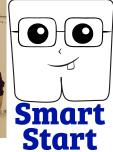
# Aponia Dental

Fall 2014





Dear North Edmonton Residents,

We are committed to Oral Health at Aponia Dental and our hope is to eliminate dental decay in our community. Part of our strategy is to get involved in our community via events such as Tooth Fairy day, which is an interactive event for young children to discover oral hygiene and build trust with the office. We also do a Smart Start program, which is a school class room visit Grades 5, 6 & 7, to promote dental prevention education to kids. Ultimately we hope to start early and make oral hygiene a part of North Edmonton Daily Routine. Did you know cavities are contagious?

Furthermore, November and December are typically our busy season as most insurance benefits renew on January 1st. Unfortunately most plans are designed as use it or lose it; therefore we have designed our administration systems to allow us to understand insurance and help patients utilize them.

Please give us a call, we accept all insurances and would love to improve your smile!

Sincerely,

Dr. Brandon Wong

# CAVITIES ARE THE MOST COMMON CHRONIC DISEASE IN CHILDREN

Stopping cavities
before they even start
is the goal.

Setting a daily routine for good oral hygiene habits, including brushing and flossing is a start.

Left untreated, childhood cavities lead to infection, pain, chewing problems, malnutrition, speech problems . . . and the list goes on.



### **Aponia Family Dental**

## Complimentary Orthodontic Assessments

Simply call 780-944-1999 today for your appointment.

# Cot Coverage?



Working hard to make dentistry affordable for our community!

Call our staff for more information.

We accept a wide variety

of insurance companies!

Not to be combined with any other discount offer or insurance plan. Minimum fee only. Fees may vary with complexity of case. ADDITIONAL CHARGES MAY BE INCURRED FOR RELATED SERVICES THAT MAY BE REQUIRED IN INDIVIDUAL CASES.

## What does Sugar have to do with cavities?

The bacteria that forms together to become *plaque uses sugar as a form of energy*. It helps the plaque grow in size and thickness that **sticks to the surface of teeth** and makes it harder for the bacteria to be washed away by your saliva. The bacteria produces acids which if not removed **dissolves tooth enamel.** 

## **Learn about Xylitol**

**Xylitol is an all-natural sugarless sweetener** that has been around since the late 1800's. While the name makes it sound like a chemical or artificial sweetener, that could not be farther from the truth. Xylitol is a 100% Natural sweetener.

In fact, Xylitol is in many of the fruits and vegetables that we produce on a daily basis.

Xylitol comes from two commercial sources typically – Corn or Hardwood trees such as Birch.

We only sell 100% North American Birch Xylitol. Most of what you will find on the market is

Chinese Corn based Xylitol, however we pride ourselves on offering only the highest quality North American Birch Xylitol (try the lollipops we have.)

### A few highlights about this amazing natural sweetener:

- Safe for diabetics only a 7 on the glycemic index
- 40% fewer calories than sugar
- 75% fewer carbohydrates than sugar
- 1:1 sweetness as sugar, means it's a literal replacements
- Great for baking looks like sugar, tastes like sugar
- Proven to help prevent cavities.





The benefits of Xylitol are tremendous and this sweetener should be the cornerstone of any healthy diet. Take advantage of our discounted pricing and experience the difference today!

Like to make people smile?

Join our team.

Apply online at

www.AponiaDental.ca!

Google+

Prefer to receive E-News?
Sign up now at
www.AponiaDental.ca!



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# Castle Downs Rd Nw 167 Ave Nw 93 St Nw 95 St Nw 97 St Nw

16751 - 91 Street NW, Edmonton, AB T5Z 2X4 (Located behind the Mac's and Esso in the Lakeview complex)

## **APONIA FAMILY DENTAL**

16751 - 91 St. NW Edmonton, AB T5Z 2X4

**Phone: 780-944-1999 Fax:** 780-473-4856 **Web:** www.aponiadental.ca

#### Office Hours:

Mon., Tues., Thurs.: 7 a.m. - 5 p.m. Wed.: 7 a.m. - 3 p.m. Fri.: 8 a.m. - 2 p.m. Selected Sat.: 8 a.m. - 3 p.m.

#### **Our Services Include:**

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns Bridges
- Braces Invisalign
- Implants
- Now Offering Nitrous Sedation!

New Patients Welcome! Emergency Treatment Available!