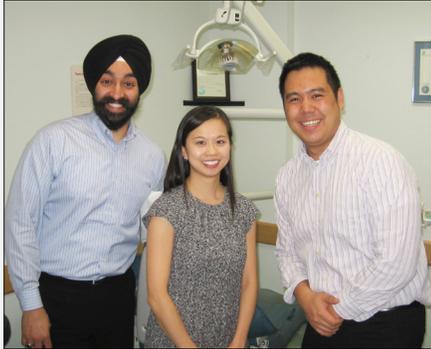


# Aponia Dental

**Greetings from your  
Neighbourhood Dentists!**



Dear Neighbour,

**Do you need Dental Treatment?  
Are your teeth wishing you would  
call? The end of the year is quickly  
approaching, so if you have insurance  
benefits to use up, why not take  
advantage of them?**

Dental health is linked to overall well-being, so it makes sense to ensure that your teeth, gums and mouth are professionally checked on a regular basis.

Our office is currently accepting new patients and, whether it's regular dental services you need or cosmetic options for a whiter, straighter smile, our experienced staff would be happy to meet with you to discuss your individual needs.

We look forward to seeing you soon!

Sincerely,

*Dr. Brandon Wong & Team*

## IS YOUR BREATH "KISSABLY" FRESH?

Whether it's a kiss on the cheek to greet a long-lost friend, a chance encounter under the mistletoe, or a special smooch at midnight on New Year's Eve, you want to make sure your breath is as fresh as can be this holiday season!



Halitosis (bad breath) is a common oral health concern. Often, chronic bad breath (as opposed to temporary "morning breath," or bad breath from garlic, onions or other odorous foods) can be traced back to bacteria — the root of many dental problems, from halitosis to gum disease and dental cavities.

Persistent bad breath can be a sign of gum disease. If you notice you have red, swollen or tender gums that bleed when you brush your teeth, or gaps in-between your gums and your teeth, you may be experiencing the first signs of gum disease. Talk to us about steps you can take to halt

or even reverse the indications of this preventable disease.

Halitosis can also stem from dry mouth — a side effect of a disease called Sjögren's syndrome, medications such as antihistamines, decongestants, drugs for high blood pressure and depression, or as a result of certain diseases that affect the salivary glands, like diabetes. Talk to us about ways to make dry mouth more comfortable for you.

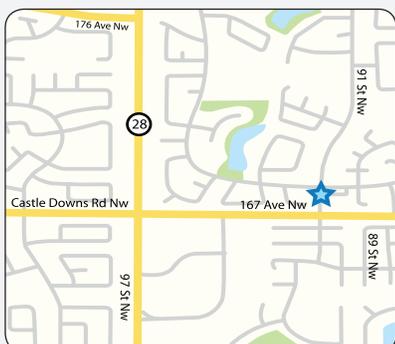
The holidays are coming up — is your breath ready for your social schedule? If you have any concerns at all about your breath, please don't be embarrassed to ask us how we may be able to help.

CDN

**NOVEMBER 2011**

**Dr. Brandon Wong**

**Phone: 780-944-1999**



**16751 91st NW, Edmonton, AB T5Z 2X4  
(Located behind the Mac's and Esso in the  
Lakeview complex)**

## APONIA FAMILY DENTAL

**16751 91st NW  
Edmonton, AB T5Z 2X4**

**Phone: 780-944-1999  
Fax: 780-473-4856  
Web: [www.aponiadental.ca](http://www.aponiadental.ca)**

**Office Hours:**  
Mon.: 9 a.m. - 5 p.m.  
Tues., Thurs.: 7 a.m. - 5 p.m.  
Wed.: 7 a.m. - 4 p.m.  
Fri.: 9 a.m. - 2 p.m.  
2 Sat. a month: 8 a.m. - 3:30 p.m.

### **Our Services Include:**

- General Dentistry
- Tooth Removals
- White Fillings
- Crowns • Bridges
- Braces • Invisalign®
- Implants
- **Now Offering Nitrous Sedation!**

**New Patients Welcome!  
Emergency Treatment Available!**

# IMPROVE YOUR SMILE, AND SO MUCH MORE!

According to a 2011 cosmetic dentist survey, the following are the most common reasons that people decide to improve their smile with cosmetic dentistry:



1. Improved appearance.
2. Self-esteem.
3. Professional success.
4. Health.
5. Improved relationships.

While certain cosmetic procedures, like tooth whitening, can only be done on healthy teeth, there are other procedures that are performed in order to strengthen and improve teeth, and, in the process, they improve the overall appearance of your smile.

For example, dentists agree that chipped teeth are a common reason patients ask for a cosmetic update.

Chipped or otherwise damaged teeth can easily be covered with porcelain veneers, mended with dental bonding or covered with crowns or onlays. Your teeth will not only be stronger after most of these procedures, they'll also look great!

In addition to chipped teeth, we regularly perform cosmetic improvements to fix discoloured, uneven, and missing teeth, or gaps in-between teeth. Inevitably, the result is a younger, brighter smile, with the confidence boost that comes from an improved appearance.

Wondering if your smile could use a boost? Please ask us to explain all your options!



## TEMPERING TEEN ANGST WITH A SMILE

The teenage years can be filled with angst and self-doubt. But parents can help their teen get through these tumultuous years by learning about options that allow their child to feel more confident about himself or herself.

An attractive smile goes far in today's world, which is why orthodontics and tooth whitening are the top cosmetic dental procedures for today's teens. Tooth whitening is simple, fast and instantly gratifying, while orthodontics have come a long way in both appearance and comfort. If you recall "heavy metal railroad tracks" when thinking of orthodontics, you'll be pleased to hear

there are now "invisible" orthodontics offered to both teens and adults.

Dental education is also paramount in this age group, as teens need to recognize that whatever they put in their mouths — from sugary snacks to staining foods to tobacco — will affect the colour and the quality of their smiles.

Let's work together to put a smile on your teenager's face!

CDN

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Aponia Family Dental

Phone: 780-944-1999

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**Complimentary  
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appointment today.**



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